

The RACINE MIRROR

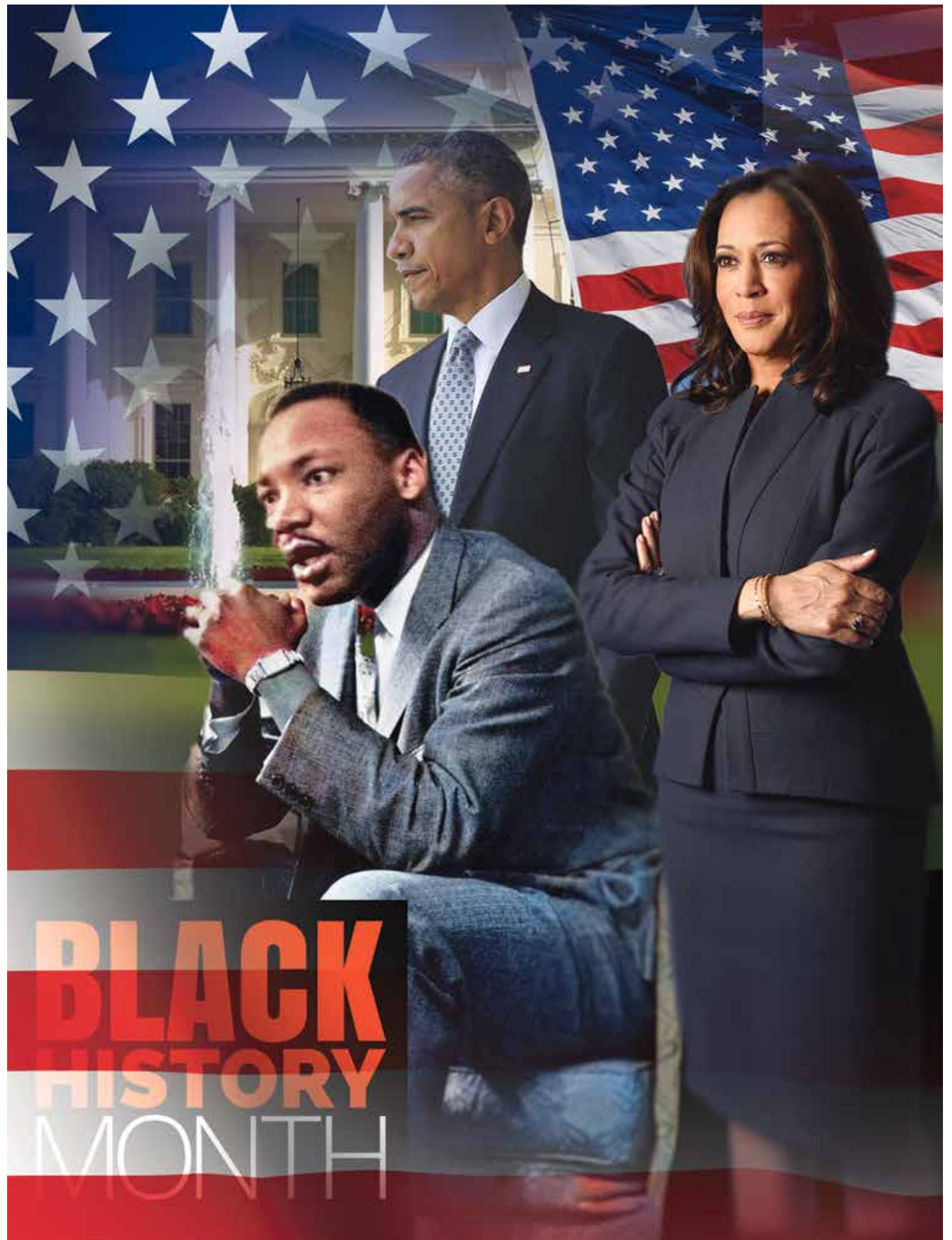
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A Reflection of the Positive in the Community

February 2021
Vol. 13, No. 6

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The Woman in the Mirror

Black Girl Magic

by Lisa Parham

This month we celebrate the life and legacy of our African American heroes. They endured, persisted and paved the way for all of us. We must continue to remember and respect our heritage. Black History Month continues to enrich our knowledge of the past and present selfless contributions made by just a few of our many great African Americans. Despite the many repeated rejections and unfulfilled exceptions of our ancestors.

We as a people must continue to remember and respect our heritage. As being an African American woman myself in this world in this point of time in history, I'm extremely honored and proud to be able to witness history in the making. Madam Kamala Harris has been sworn in and is now the first female vice president in US history.

For me as a Black woman, as a professional woman who has one daughter and a granddaughter on the way, who loves my nieces and nephews to pieces – oh how I love the skin that I'm in! I can say that I have something in common with our new VP. And like many of you I could not be more proud of her and for her. We are Black women. This past month has been truly historic and a majestic national moment.

Harris is the first woman of color in a sea of white men. Harris will be the last voice President Biden hears before he makes any crucial decisions, like whether to go to war, raise taxes, fight COVID-19.



With pride in our hearts, the moment that made it all the more powerful came just before the swearing in when former President Barack Obama and our new Mad—#—am Vice-President Harris connected with the classic Obama fist bump, and if that wasn't enough to make us beam with pride, serious Black girl magic between former first lady Michelle Obama and Kamala Harris did the sister finger point. Which to me meant, "Girl, you better go ahead and do that!"

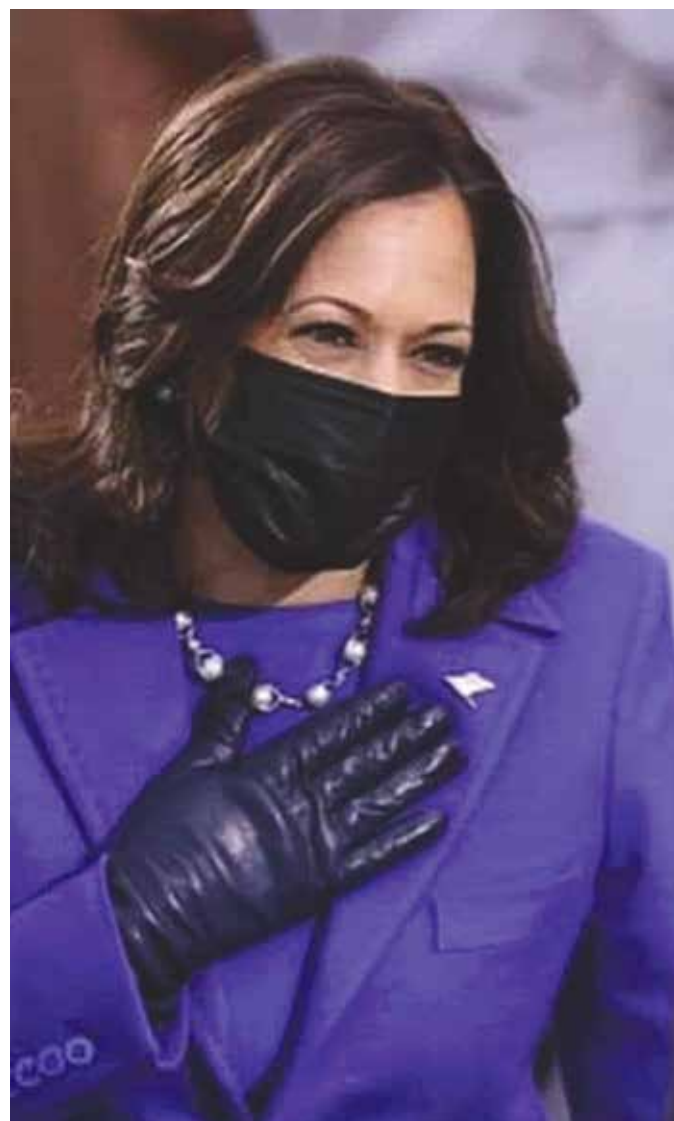
What a perfect time to teach our daughters and granddaughters and nieces that the sky is the limit and that anything you set your mind to do is possible. A brand new world of opportunities awaits them.

So in my closing, this is my Black History moment, Black girl magic.

Lisa Parham

Lisa Parham
Chief Operating Officer

"I feel that we should all work to continue to make Racine a positive atmosphere for our Younger People, Thank you for helping to be a positive influence in our Community."



THE RACINE MIRROR

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- To uplift our community by being a reflection of what is positive and good.
- To be a vessel of information through our professional interviews, stories, and editorial perspectives.
- To encourage interaction among diverse walks of life.

OUR VISION

- To retain a love and understanding for our community and it's members.
- To be a positive influence and a profile for faith and hope.
- To endorse individual uniqueness and promote an appreciation for diversity.

OUR VALUES

- Respect
- Integrity
- Positive Development
- Excellence
- Good Stewardship

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Contribute story ideas by calling The Racine Mirror office at 262-633-8677 or you can email us at racinemirror@yahoo.com

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A Proclamation by the President of the United States of America

A NATIONAL DAY OF UNITY



I am humbled before God and my fellow Americans to take the sacred oath of President of our beloved country.

Today, we celebrate the triumph of democracy after an election that saw more Americans voting than ever before in our Nation's history, and where the will of the people has been heard and heeded.

We do so at a moment of great peril and promise for our Nation. A once-in-a-century deadly pandemic. A historic and deepening economic crisis. Calls for racial justice some 400 years in the making. A climate crisis with force and fury. We also feel the rise in political extremism and domestic terrorism — unleashed just days ago on our Capitol, the citadel of freedom, but brewing long before — that we must confront and defeat.

Yet in this dire moment, democracy prevailed. On this day, we set our sights on the Nation we know we can and must be. I am honored to do so alongside Vice President Kamala Harris, the first woman who has taken the oath to serve in elected national office, and who will not be the last. Together, we know that to overcome the challenges before all of us, to restore the soul of America, requires the beating heart of a democracy: Unity.

With unity, we can save lives and beat this pandemic. We can build our economy back better and include everyone. We can right wrongs and root out systemic racism in our country. We can confront the climate crisis with American jobs and ingenuity. We

can protect our democracy by seeing each other not as adversaries but as fellow Americans. For the world to see, with unity we can lead not just by the example of our power, but by the power of our example.

As we start the hard work to be done, I pray this moment gives us the strength to rebuild this house of ours upon a rock that can never be washed away. And, as in the Prayer of St. Francis, for where there is discord, union; where there is doubt, faith, where there is darkness, light.

On this Inauguration Day I swear an oath to be a President for all Americans and ask every American to join me in this cause of democracy. May this be the story that unites us as fellow Americans and as the United States of America.

NOW, THEREFORE, I, JOSEPH R. BIDEN JR., President of the United States of America, by the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim January 20, 2021, a National Day of Unity and call upon the people of our Nation to join together and write the next story of our democracy — an American story of decency and dignity, of love and of healing, and of greatness and of goodness.

IN WITNESS WHEREOF, I have hereunto set my hand this twentieth day of January, in the year of our Lord two thousand twenty-one, and of the Independence of the United States of America the two hundred and forty-fifth.

JOSEPH R. BIDEN JR.

AMANDA GORMAN National Youth Poet Laureate read “The Hill We Climb,” a poem she finished after witnessing the siege on the Capitol

When day comes we ask ourselves,
where can we find light in this never-ending
shade?
The loss we carry,
a sea we must wade.
We've braved the belly of the beast,
We've learned that quiet isn't always peace,
and the norms and notions
of what just is
isn't always justice.
And yet the dawn is ours
before we knew it.
Somehow we do it.
Somehow we've weathered and witnessed
a nation that isn't broken,
but simply unfinished.
We the successors of a country and a time
where a skinny Black girl
descended from slaves and raised by a single
mother
can dream of becoming president
only to find herself reciting for one.
And yes we are far from polished.
Far from pristine.
But that doesn't mean we are
striving to form a union that is perfect.
We are striving to forge a union with purpose,
to compose a country committed to all cul-
tures, colors, characters and
conditions of man.
And so we lift our gazes not to what stands
between us,
but what stands before us.
We close the divide because we know, to put
our future first,
we must first put our differences aside.
We lay down our arms
so we can reach out our arms

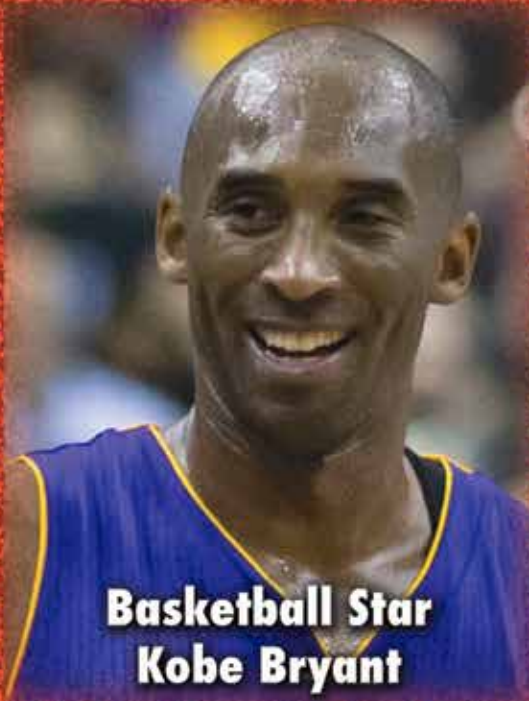
to one another.
We seek harm to none and harmony for all.
Let the globe, if nothing else, say this is true,
that even as we grieved, we grew,
that even as we hurt, we hoped,
that even as we tired, we tried,
that we'll forever be tied together, victorious.
Not because we will never again know defeat,
but because we will never again sow division.
Scripture tells us to envision
that everyone shall sit under their own vine
and fig tree
and no one shall make them afraid.
If we're to live up to our own time,
then victory won't lie in the blade.
But in all the bridges we've made,
that is the promise to glade,
the hill we climb.
If only we dare.
It's because being American is more than a
pride we inherit,
it's the past we step into
and how we repair it.
We've seen a force that would shatter our
nation
rather than share it.
Would destroy our country if it meant delay-
ing democracy.
And this effort very nearly succeeded.
But while democracy can be periodically
delayed,
it can never be permanently defeated.
In this truth,
in this faith we trust.
For while we have our eyes on the future,
history has its eyes on us.
This is the era of just redemption
we feared at its inception.

We did not feel prepared to be the heirs
of such a terrifying hour
but within it we found the power
to author a new chapter.
To offer hope and laughter to ourselves.
So while once we asked,
how could we possibly prevail over catastro-
phe?
Now we assert,
How could catastrophe possibly prevail over
us?
We will not march back to what was,
but move to what shall be.
A country that is bruised but whole,
benevolent but bold,
fierce and free.
We will not be turned around
or interrupted by intimidation,
because we know our inaction and inertia
will be the inheritance of the next generation.
Our blunders become their burdens.
But one thing is certain,
If we merge mercy with might,
and might with right,
then love becomes our legacy,
and change our children's birthright.
So let us leave behind a country
better than the one we were left with.
Every breath from my bronze-pounded chest,
we will raise this wounded world into a won-
drous one.
We will rise from the gold-limbed hills of the
west.
We will rise from the windswept northeast,
where our forefathers first realized revolution.
We will rise from the lake-rimmed cities of
the midwestern states.
We will rise from the sunbaked south.

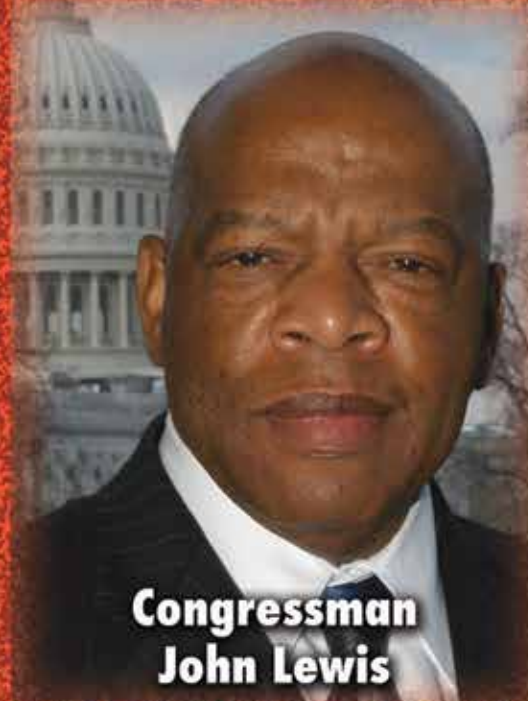
We will rebuild, reconcile and recover.
And every known nook of our nation and
every corner called our country,
our people diverse and beautiful will emerge,
battered and beautiful.
When day comes we step out of the shade,
afire and unafraid,
the new dawn blooms as we free it.
For there is always light,
if only we're brave enough to see it.
If only we're brave enough to be it.



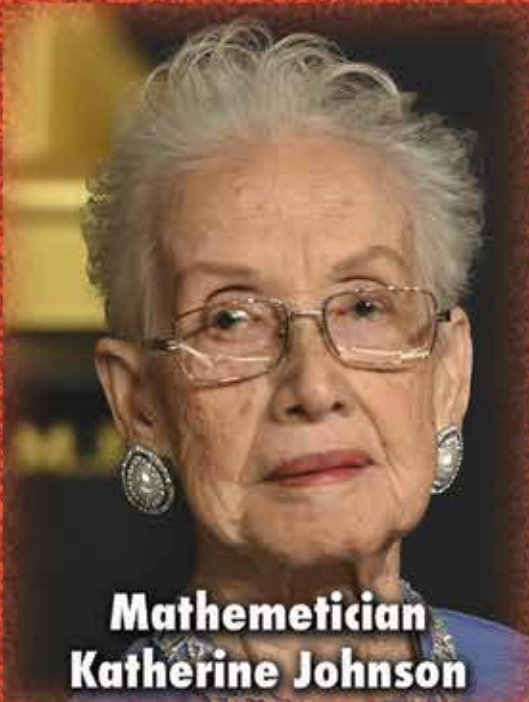
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**Basketball Star
Kobe Bryant**



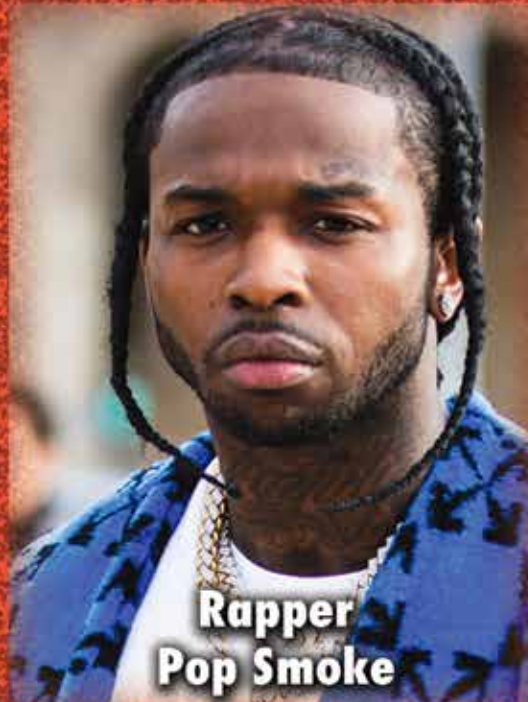
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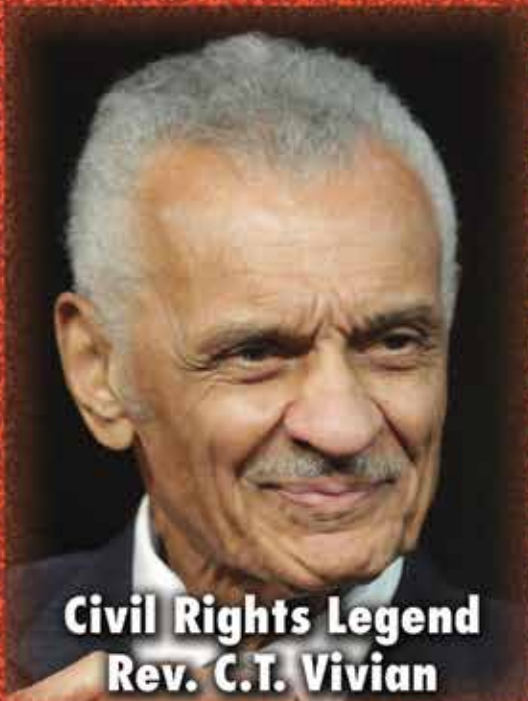
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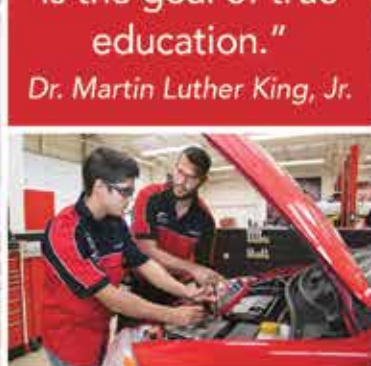


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Mahogany 2nd Annual MLK Creative Day of Service

by Rachel Kubik

RACINE — Mahogany Gallery was alive January 18 with music and children of all ages in good spirits creating art projects. These projects included painting on canvas, origami, bracelet making and coloring.

The gallery, located at 1422 Washington Ave., hosted its second annual MLK Creative Day of Service that Monday. The event honored the Rev. Dr. Martin Luther King Jr. on the federal holiday in his name, and featured free painting, drawing and other crafts in person, as well as virtual speakers via Zoom.

Elisha Evans, who works at Mahogany

Gallery and is a junior studying economics at Marquette University, said it was a pretty nice turnout, especially for a pandemic.

"It's been great," said Mahogany Gallery Owner Scott Terry. "We've had all kinds of people here: different ethnicities, different races, different age ranges, all come and support the legacy of Dr. King. He advocated for human rights and we want to pass that down to the little ones."

The craft projects were led by Anna Gleason, an art teacher at Mitchell School in Racine; and Carly Worrell, an art teacher at Blessed Savior Catholic School in Milwaukee.

Terry had originally planned to include games, trivia, live poetry and short story readings as a part of the event, similar to what was done in the event's first year. But with the COVID-19 pandemic, he decided to cancel the additional activities.

"We've got to be conscious of COVID and how many people are in here," he said.

For those who didn't want to mask up and drop by in-person, there was a virtual Zoom video to tune into. The video included a "Young Adult Symposium," led by Black Student Unions of Carthage College, the University of Wisconsin-Milwaukee and

Marquette University.

Additional speakers were Aaron Eick, a Horlick High School teacher, and Nick Demske, Racine County District 1 Supervisor.

Evans said he helped facilitate conversations with attendees and the guest speakers via Zoom. He especially encouraged those to speak who may have felt they didn't know enough to add anything to the conversation.

"I'm trying to listen," he said.

During the conversations, topics ranged from venting about issues among people of color and coping mechanisms, Evans said.

During the COVID-19 pandemic and recent events with the presidential election, mental health can suffer, he said.

Evans, a Racine resident, is a K-12 tutor for math and physics and enjoys it. "I thought, why not help the whole community? I want to at least start the conversation. How do I make a difference?" he said as the reason why he wanted to participate in the MLK Creative Day of Service.

He said he wants to make the gallery a safe place where the community can come read a book and ask questions.

"We're learning from each other. Growing up, I was blessed with different cultural backgrounds (nearby), a plethora of different kinds of people," he said. "I'm thankful for Dr. Martin Luther King for starting a movement."

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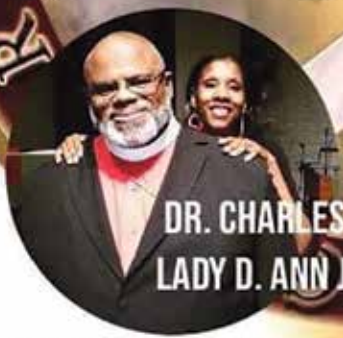
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Myron Tucker – Tucker Homestyle Cooking & Catering

By Dominique Lambricht

Myron Tucker was born and raised in Racine, and since he was a kid, he said that he would become a cook and own his own kitchen. He remembers seeing the building he is in now when he was younger and said he would get it. God willing, he did just that. This is a newer business in Racine, Tucker Homestyle Cooking and Catering. They opened November 11, 2020. Going into business with his son, Luis, has been great. He has made Myron very proud. As Myron talked, I could tell the emotion in his voice how much it meant for him to have his son with him running things.

Myron has always loved to cook and all the boys in the family became cooks. Myron got to learn to run a kitchen at a point before coming to owning his own. It was a wonderful experience and God was giving him a great opportunity. Most people don't get to learn and get paid during the process. So, this was a blessing to move Myron into the right direction when he would own his kitchen. When it happened last November 11, 2020, he was ecstatic. When things come to light, it just brings so much joy. His son believed in him. In 2018, Myron adopted his son. His son learned from him and things just came so perfectly together.

The experience of working with his son, and his daughter-in-law has been beautiful. The family has helped remodel and used their time to get everything together. Myron mentions they know their places in the business which eliminates conflict and helps things move along productively. Myron is the greeter, the face of the business. He talks



to the customers that come in; he helps the business grow by ensuring that people get the great customer service they deserve.

Myron believes it is not about him or his son, but more so uplifting God and His glory.

Everything concerns timing and making a difference. He is here to let people know that African Americans don't just open businesses and not have it ran well. It will be ran just as any other NonAfrican American business would run. It is about being courteous, professional, treating you nice, talking with you, making you feel like a guest when you come. When they opened up, they didn't do a big opening, or an announcement, they just opened. They wanted to make sure they did everything that they needed to do. When you do something big sometimes it isn't the best when you may not be ready for it. Then you have mistakes and you only get that one chance to make an impression.

With opening up slow and getting their customers coming in, they could meet the customer's needs and do things right. They have been able to handle the traffic the business has accumulated. They have constant returning customers. With COVID going on every restaurant has had their moments. God has blessed them to meet and make all their obligations. Myron's ideal situation is creating something for his legacy. He says that is the most important aspect. It isn't about him but what he can leave for his family.

The biggest goal is to put something back into the neighborhood. 10% of their earnings for the year they want to give back. Myron wants to give back to the church but his son, Luis said they are always talking about the children and doing things for the kids, so he wants to donate his 5% to the kids. As God blesses them, they want to give back to the kids as they go back to school, functions in

the summer, and also things with the kids in churches. Myron ministers at a church in Kenosha called New Brighter Day Baptist Church. They want to do something where the pastors come in and cook Saturdays for Sunday soul food. Whatever sells, half the proceeds will go to a church. There is so much for them to do to give back.

In their free time they travel and spend time with family not talking about business. Myron loves singing. He enjoys his life. The biggest takeaway is that at Tucker Homestyle Cooking, they serve you, give the proper presentation as a minority owned business, and represent the business world with class and dignity. They truly want to make a difference here in the city. They enjoy doing what they do, they enjoy meeting new customers, they appreciate the feedback given by the customers. They're not here to be like, "look at us". That is not the image they are shooting for; this is family and they want to treat others like family.

Tucker's Homestyle Cooking is HOME. Myron uses his mother's and grandmother's family recipes for some desserts and a few dishes. They taught him what he knows. Tucker's Homestyle Cooking is here to stay, as long as they get the support from the community. They are nothing without the community. We would also like to give a special thanks to the Wilson family, and a hearty thanks to Romaine Wilson. Everything is truly from the heart.

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Miketra—Prepping Beauties

by Dominique Lambricht

Prepping Beauties, LLC's mission is to uplift women, men, and children from every background, encouraging them to embrace the purpose for which they were created, teaching them the skills needed to thrive and succeed in life, engaging them in activities that would develop their self-esteem self-confidence and discipline, counseling them into new minds that will lead to a new life and ultimately helping them to become known with their creator so they can become who He wants them to become, to fulfill the purpose He has for their lives. So that's our mission. Through the meal prep services provided, this is to help improve anyone's physical aspects and overall, the physiological aspects on the inside. Because if you don't feel good on the inside, if you're not healthy on the inside, you will not be healthy on the outside.

Miketra Larry grew up in Racine. She wanted to start her business because she has a purpose in life and through this business, she feels strongly that she will be able to fulfill the purpose that God has for her. So how it came about is multiple discussions with her boyfriend. She knew she would be a business owner. She just didn't know what it would be. Miketra has always been into trying to lose weight since she was younger. Growing up overweight, she dealt with self-esteem issues. This inspired her, now in a healthier state. She always tried different ways of eating and dieting. Some were healthy, some that were not healthy, and overall, she developed habits, bad habits of low self-esteem and things like that.

So through growing and committing to the challenge of becoming a healthier person, Miketra developed mentally, physically, spiritually, and wanted to give others the same opportunity that she had been given to explore what food is here to do, and then explore the other aspects of how we can improve to achieve overall health. Prepping Beauties is not just a business that offers healthy meal prep services but is also a tool to teach people how to care for themselves through developing good habits, liking healthy foods and exercising, because those are good things for your body. Miketra believes if you can make good habits in those areas, control your eating, control what you're putting in your body, you can also control other areas like your mind and spirit. Overall, it starts with the physical aspect, so she put the meal prep services out first.

Right now, Miketra is meal prepping out of her home, soon to be moving into her church's commercial kitchen. Along with meal prepping, she is a strong Zumba instructor in the basics, the lead instructor. So that's the fitness part, another piece incorporated and will be more so prominently this year. The third aspect of it is Godly inspiration and things like that. So, with bringing all of this full circle, Miketra is putting herself out there so that people know that she is here to help promote healthy lifestyles. She grew up here, so she knows many people, many people who knew her to be a lot bigger, two, three times the size now. So, when they see her, it's like she is a walking billboard. I'm a testimony myself. And for people to see

that she is maintaining this, that's what gets people to say, "I want to try whatever you have, because I knew you growing up. You have not only lost the weight and developed into this person, but you are maintaining a healthier lifestyle than previously."

How does Miketra's meal prepping business work? At this time there are two ways that she offering to prepare meals. The first way is offering three to five dishes a week. Right now, she has a menu out and individuals can purchase the bowls of five or 10 meals. So, if you got five, you could get one of each dish. And that will be your five bowls. If you got 10, you could get three salmon, three chicken, stir fries, and four salads, if that's what you wanted to do. Depending on your goals, Prepping Beauties will try to develop a personalized exercise plan for you. Miketra will even communicate daily to inspire you in this journey, because the journey is not just you purchasing these meals. It's a journey that she wants to take with people who have trusted her enough to buy her food.

The second meal prep is where individuals say, "Hey, I have this eating plan that I'm following already. I have my own food. I have my own groceries. I just don't have time to prepare it." So then Miketra becomes a chef to just prepare the food. Miketra charges by hour in this situation (\$25 to \$30 an hour depending on the dishes' complexity). The meals that she is offering, where you'll just buy the multiple bowls, get five bowls for \$75 or 10 bowls for \$135. There are those people who see her menu and just



want some food, so she makes modifications. Modifying her meals has become more prevalent this year based on people's diets. At first, she was just targeting people who wanted to lose weight. But she quickly found herself catering to many different kinds of food eaters still in the healthy realm.

Miketra gives a lot of credit to her boyfriend because he is the one who really got her started with this. He's her number one supporter. Really. She mentions that he pushed her so hard and assumes he must have gotten tired of just hearing about her business idea. So, he reached out to his sister who owns a printing business. And he got her an apron, and when he gives this apron, Miketra said, "God, if he believes in me this much, then I have to believe in myself this much." She enjoys knowing what this food will do for someone, (this food tastes so good,

(Continued on page 37)

**See the beauty in prepping
for a healthier you.**

MIKETRA LARRY
MEAL PREPPING SERVICE PROVIDER

(262) 498-7862

@prepping_beautiesllc

Prepping Beauties LLC

mlarry@preppingbeauties.com

GONE BUT NOT FORGOTTEN (Blacks Shot by Police)

2020

Rayshard Brooks
Age 27

George Floyd
Age 46

Daniel Prude
Age 41

Breonna Taylor
Age 26

2019

Atatiana Jefferson
Age 28

Tyrese West
Age 18

2018

Aura Rosser
Age 40

Philando Castile
Age 32

Stephan Clark
Age 22

Bothan Jean
Age 26

2016

Alton Sterling
Age 37

Michelle Cuisseaux
Age 50

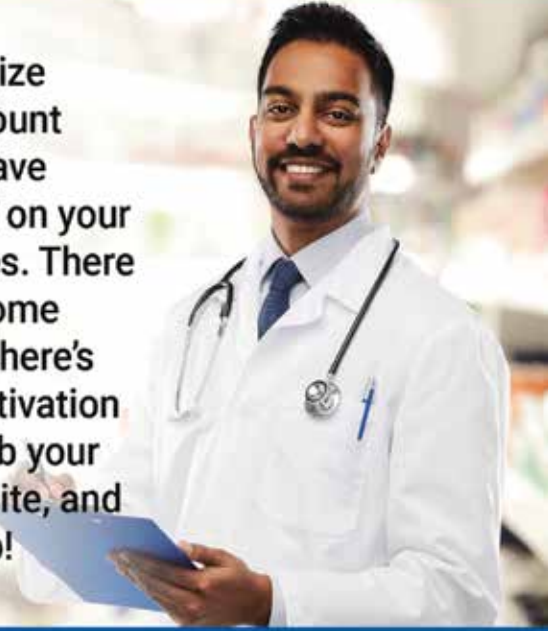
2014

Aura Rosser
Age 40



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- All Saints Medical Center (Cashier's Office)
- Belle Urban Offices (1900 Kentucky St.)

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Big Brothers Big Sisters currently enrolling K-12-grade youth

Big Brothers Big Sisters (BBBS) of Racine and Kenosha is currently recruiting K-12 grade youth for its mentorship program. On top of social isolation, many of the youth BBBS serve face societal barriers and opportunity gaps including poverty and discrimination. Facing these barriers together with a mentor or Big, will build confidence, resilience and help them improve academically.

“We welcome children from single households, those that struggle academically and emotionally or someone that will benefit from having a caring adult in their lives to support them due to isolation and more,” said Sonya Thomas, executive director, BBBS.

Thomas added, with everything our children face, the coronavirus pandemic has presented a whole new set of challenges. That’s why mentoring is more important than ever. It can be that extra support system that can help a child get through this crisis. Social distancing has not slowed down Big Brothers Big Sisters’ commitment to keeping mentoring matches connected - socially and emotionally.

The agency has found innovative ways to make sure Bigs (mentors) and Littles (mentees) can meet, even during a pandemic. For example, there are resources Bigs and Littles can utilize together, from fun interactive games and educational tools to guidance on managing stress, maintaining focus on schoolwork, and combating boredom and negative influences.



Mentoring matters more than ever during COVID. BBBS can help.

Please consider enrolling a child in one of the following free, programs.

1 to 1 Community Mentoring

The Littles in our program are ordinary kids who just need someone who can provide stability and friendship. We strive to match these youth with Bigs who can enrich their lives culturally, socially and academically.

Our professionally trained Match Support Specialists support the Big, Little, and family throughout the life of the match. They check in on a regular basis, answer any questions, and provide ideas for outings and tickets to events. In addition, the agency organizes large-scale events for all matches to participate in for free!

Site-Based Mentoring

Site Based Mentoring Programs allow mentors (Bigs) to help shape the future of students (Littles) in group settings throughout Racine and Kenosha. Each program is organized by Big Brothers Big Sisters staff members and includes time for relationship building, a structured group activity and free time to share stories and interests together. Programs range from school-based college and elementary school meetings, to neighborhood centers and community gardening projects. Site based mentoring is virtual right now, but we hope to offer school based and gardening projects in the weeks to come.

Virtual Mentoring

Littles interact with their Big virtually, on their own time, once a week through the On-Track portal. Activities strengthen and expand real-life connections. Bigs will help Littles develop self-knowledge, map academic and career paths, and identify steps to achieve goals. Connecting through the online portal provides case management and support, including resources for the family.

When conditions permit, virtual mentoring programs can switch to a traditional, community-based or site-based match.

Ready to Enroll? Visit www.beabignow.org and fill out the online application, email crystina.hawley@beabignow.org, or call (262) 637-7625.

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Rise and Arrive, This is The Moment

By Kelvin Brown Sr., Chicagoan in Kenosha, January 18, 2009

The Greater Day is finally Our Reality,
The Moment has arrived in Our Lifetime,
I see for those who hadn 't the chance to see,
The time is yours and mine.

He will serve as Our President of our every state,
I feel He will do us all, so very Proud,
Commander and Chief with this heavy weight,
Can you hear that cheering crowd?

From a Senator to the World's Top Man,
He 's educated and charismatic and real,
When he says: Yes, We Can!
You can see how it makes people feel.

In the eyes of those who watch him speak,
In the smiles, he puts hope in,
When Obama has yet to reach his peak,
Take a listen, the Man has spoken.

He wants our help, He told us that,
Let 's do all that we can do,
We should all have his back,
I'm sure, He'll have yours too!

"I Have a Dream", it begins today!
The first steps may be a little slow,
But, now we can see the way,
And now were on the go.

Don 't look for any miraculous deeds,
Or magic from a genie in a bottle,
We must be ready, watch our speeds,
Keep our hands steady, on the throttle.

The ways have been paved on others' backs,
The sweat and toil and pain and lives,
The strength to carry cotton sacks,
Yet, our spirit continuously thrives.

I stand behind you, Mr. President.
As so many others will do,
We know your terms will be well spent,
With Michelle, Sasha and Malia too!

Congratulations on the Presidency,
You are now The Number "1" Man!
And words flow so easily for me ...
Yes, We Can! Yes, We Can! Yes, We Can!

Happy Valentine's Day

From the Staff of the RACINE MIRROR

RACINE INTERFAITH COALITION Salutes Black History Month

"My humanity is bound up in yours, for we can only be human together."

Desmond Tutu

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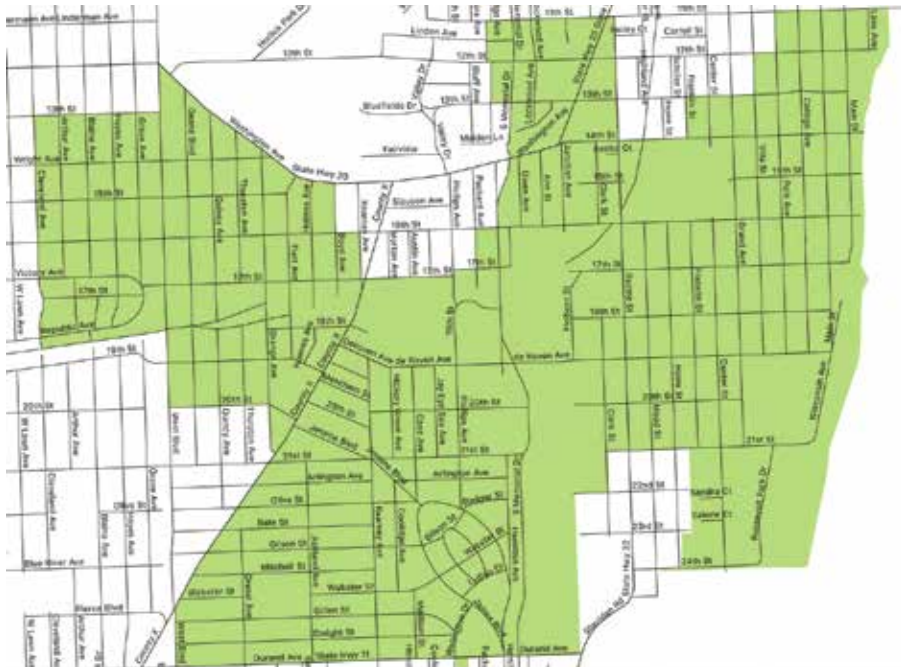
Frontier to Step Down from RUSD School Board March 15

Mike Frontier, who represents the 3rd District for the Racine Unified School District will be resigning after the March 15th Business meeting.

Mike has served on the board for ten years and feels that it is time to pass the baton to new younger leadership. "My district is among the most diverse of all the nine board districts. I would hope the board will honor that diversity by selecting a replacement for me that is reflective of our school communities".

Interested candidates for this vacancy will be interviewed by the board and the new board member would be voted on by the existing board probably by mid April. at the latest. Mike suggests that if you are interested he would urge you to attend board meetings first and third Mondays of the month.

In order to be considered for this position you must reside within the boundaries of the district. Please see map below. If interested in seeking this position call Racine Unified at 635-5600 after March 15th.



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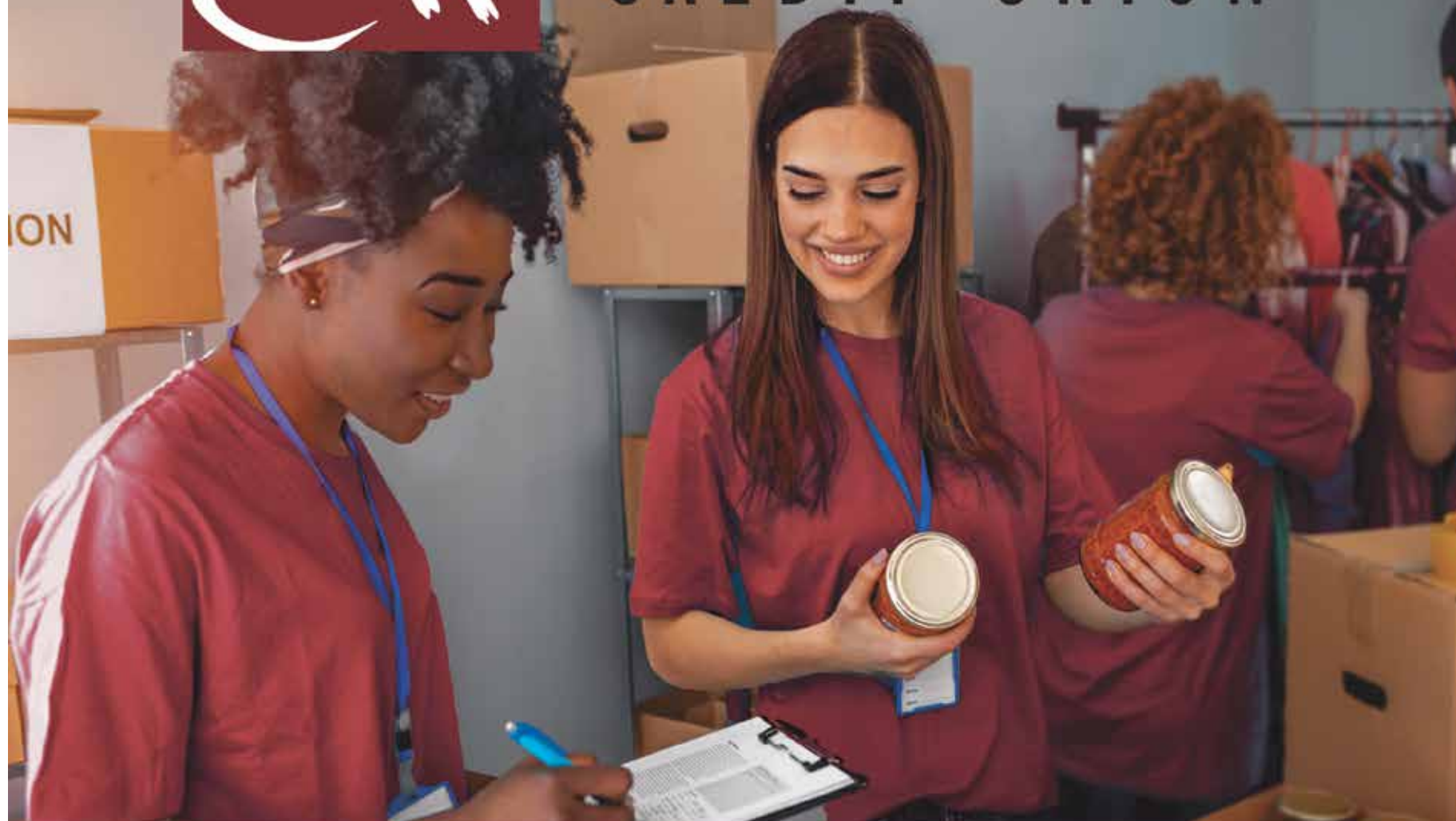
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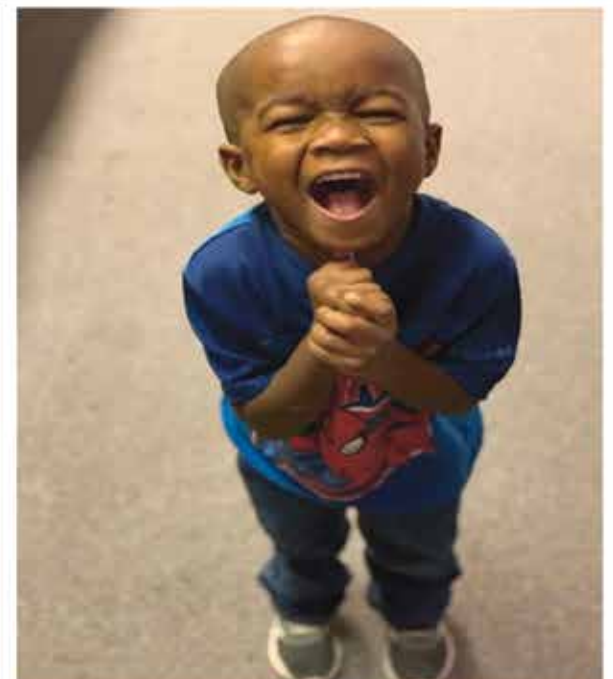
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Salute to Black History Month

*“The need for change
bulldozed a road down
the center of my mind.”*

Maya Angelou



George Alcorn
Inventor of the Imaging X-ray Spectrometer



Benjamin Banneker
Invented America's First Clock



Marie Van Brittan Brown
Home Security Inventions

MJ Gas & Food Mart

Saluting Black History Month

“Have a vision, be demanding.”
- Colin Powell

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Join us! Strong Women Strong Coffee: Dr. LaToya Thurmond

We are excited for you to join us for another Strong Women Strong Coffee event featuring Dr. LaToya Thurmond!

Dr. LaToya R Thurmond is a certified life coach and entrepreneur. In addition, she serves as a learning success coach at Gateway Technical College where she assist business management, administrative professionals and marketing students. She has over twenty-one years of experience in working in small business. As the owner and operator of LaPre Enterprise she has provided early childcare services throughout Racine and Kenosha County for over fifteen years. Her rapid growth and development led to her appointment of operations manager where she was responsible for the direction of five childcare facilities employing approximately 100 employees throughout Southeast Wisconsin (Racine, Kenosha, Beloit (2), and Milwaukee). This leadership experience is what would later provide her with resilience and an ability to create and execute strategies that would sustain LaPre Enterprise during the 2008-2009 economic crisis.

We are happy to have her share her story with us! Reserve your spot at <https://www.wwbic.com/events/strong-women-strong-coffee-15/>

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LIFE COACH AND ENTREPRENEUR,
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RACINE COUNTY COVID-19 VACCINATION STATUS UPDATE

January 27, 2021—Currently those in Phase 1A (frontline health care workers, EMS, fire and police personnel) and residents age 65 and older are eligible for vaccinations. According to the Wisconsin Department of Health Services, vaccination is a shared responsibility and requires collaboration among all healthcare, pharmacies, public health and other partners.

For the week of January 25, please see below the latest information on public-facing local vaccinations:

1. Local Racine County Health Departments continue to assist with the provision of COVID-19 vaccine to fill vaccination gaps for eligible populations. Neither health department received its full allotment of requested vaccine this week and, due to the limited supply, does not have any open appointments as they continue to work through Phase 1A and begin vaccinating those ages 65 and older.

- The City of Racine Health Department is providing vaccine information and updates at <https://www.racinecoronavirus.org/racine-covid-19-vaccine/>.

- The Central Racine County Health Department has vaccine information and updates at <https://crchd.com/covid-19-vaccine>.

2. Health care providers are helping provide vaccine to those in 1A. For those ages 65+ who have a local doctor, your local healthcare provider should be reaching out to you. You can also visit your provider's website for more instructions.

- Ascension
- Advocate Aurora Health
- Froedtert
- ProHealth Care

3. Local pharmacies are either gearing up to vaccinate or have begun vaccinating.

- Good Value Pharmacy says it "receives a weekly allocation of COVID vaccine for eligible patients." Visit their website to register for an appointment: <https://goodvaluex.com/retail/vaccinations>. The Racine location phone number for Personal Services is 262-632-6561.

- Lakeview Pharmacy of Racine's website has a link to "Complete our COVID-19 Vaccination Consent Form" on their website at <https://lakeviewpharmacy.com/>.

- Walmart Pharmacies. For the latest go to: Administering COVID-19 Vaccines (walmart.com).

- Pick N Save Pharmacies. In Wisconsin, they have limited quantities available at select locations for health care workers and first responders: <https://www.kroger.com/i/coronavirus-update/vaccine>

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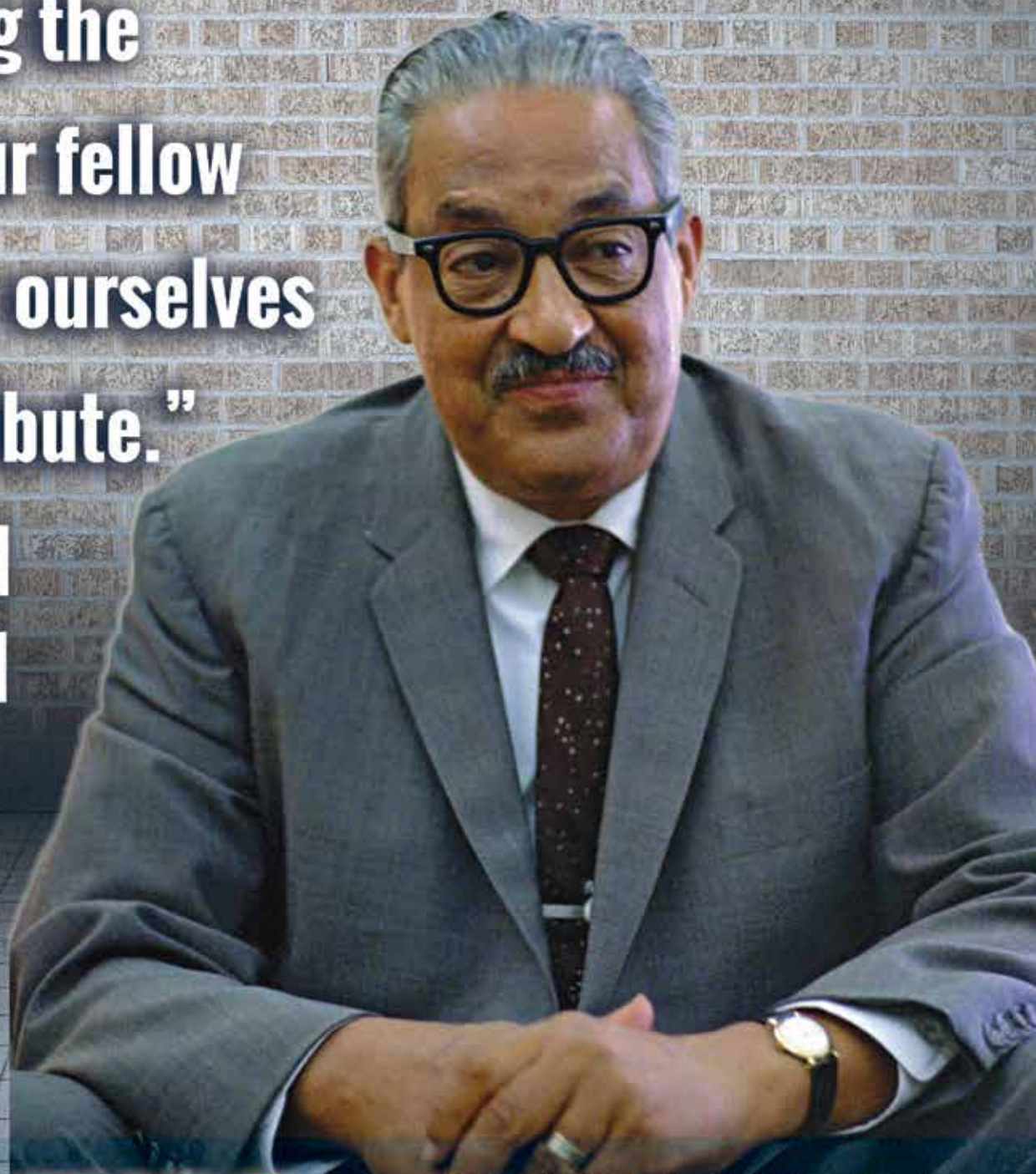
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Salutes Black History Month

**“In recognizing the
humanity of our fellow
beings, we pay ourselves
the highest tribute.”**

**-Thurgood
Marshall**



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Where to Start When Creating an Estate Plan

by Yvette Stewart

The COVID-19 pandemic has made Americans even more aware of the importance of planning for the unexpected. While no one knows exactly what's in store for the future, one thing you can do for your loved ones is create an estate plan that expresses your wishes in the event of incapacity or death. If you're like a lot of people, you may not know where to start, but here are five documents that can form the foundation of a well thought out estate plan:



you are unable to communicate these preferences yourself. For example, you can request that medical personnel perform invasive life-saving procedures such as resuscitation or tube feeding as needed. Alternately, you can put in place a Do Not Resuscitate (DNR) order and request only comfort care.

1. Last will and testament - This is the primary document that defines how you want your property and other assets to be handled. It also assigns guardians for minor children and even pets and it provides a place where you can name your executor, the person who will manage the dissolution of your estate. Your will can also include directions regarding your funeral arrangements, such as whether you prefer to be buried or cremated.

2. Power of Attorney (POA) - This legal document identifies an "agent" or person who can act on your behalf. You can choose to be very specific or very broad in the authority you assign to the POA. In some cases, a different family member may be POA for finances and/or personal property while another person is assigned to make decisions regarding medical care.

3. Living will - Also known as an advanced health care directive, a living will conveys your wishes regarding end-of-life medical care. It spells out the extent of life-extending care you want to receive in case

4. Beneficiary designations - Beneficiary designations identify who you wish to receive a particular asset. These designations typically are made within the financial asset itself, such as a life insurance policy or an investment account. It's important to keep your beneficiary designations up-to-date following a life change such as marriage, divorce, death of a spouse or birth of a child.

5. Inventory of key documents and contacts - Once you have the top four legal documents in place, it's prudent to think about how your loved ones will access your accounts once you're gone. A document that lists everything from mortgages and other bills to bank accounts, insurance policies, real estate deeds and other legal proof can be very helpful. Your executor will need passwords for online accounts and may need physical copies of birth, marriage, divorce and Social Security records. Lastly, provide complete contact information for relevant parties such as your banker, lawyer, financial

advisor and insurance agent.

Although conversations about estate planning can be difficult, they're critical to leaving the legacy you want. Talk with a trusted financial advisor who can review your entire financial picture and determine what steps you need to take to safeguard your estate.

Yvette M. Stewart, is a Financial Advisor with Ameriprise Financial Services, Inc. in Brookfield, WI. She specializes in fee-based financial planning and asset management strategies and has been in practice for 14 years.

To contact her, visit www.ameripriseadvisors.com/yvette.m.stewart, email: yvette.m.stewart@ampf.com. PH: 262-901-1540. Ameriprise Financial Services, 16650 W Bluemound Rd, Suite 800, Brookfield, WI 53005. She resides in Racine, WI. Investment advisory products and services are made available through Ameriprise Financial Services, Inc., a registered investment adviser. Ameriprise Financial Services, Inc. Member FINRA and SIPC. © 2021 Ameriprise Financial, Inc. All rights reserved.



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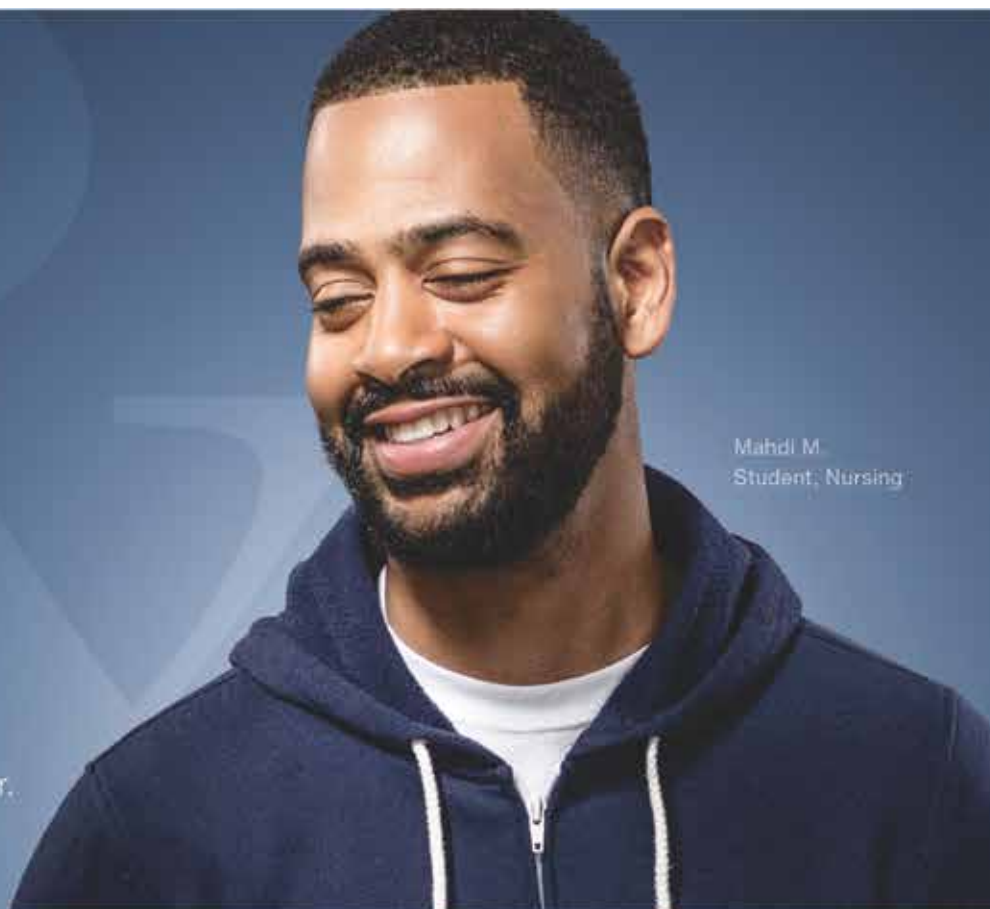
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-A. Philip Randolph



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We are looking for community members who live in Racine, WI, for a paid study conducted by Econometrica, Inc., with The Brookings Institution and Higher Expectations for Racine County. The purpose of this study is to gather information on who you go to for advice on housing, healthcare, employment, and education.

If selected, you will be invited to a 60- to 90-minute phone interview. Your participation will help us better understand the associations between who you know (your social network) and social mobility.

Why is YOUR voice important? Our research relies on voices from all groups in our community. We want to hear from people in every income level, race, ethnicity, and gender. Your voice will result in our data being complete and the solutions we find to be comprehensive and tailored to what makes people successful in Racine. Our research will inform our community members and our policy makers about the best ways to break down barriers and improve access to quality jobs, housing, and childcare in your community.

If you are interested in participating, click here:
<https://bit.ly/howweriseRW1>

Questions? Contact Emma at Research@EconometricaInc.com

Please respond to this ad by July 17, 2020.

Higher Expectations for Racine County
RACINE, WISCONSIN




www.EconometricaInc.com | (301) 657-9883 | 7475 Wisconsin Avenue, Suite 1000 | Bethesda, MD 20814

Gateway Dr. King keynote speaker:
When you know better, you do better

Response. Resiliency. Restoration.
The theme for Gateway Technical College's 27th Annual Dr. Martin Luther King Jr. Celebration certainly resonates in today's society, communities and families, said keynote speaker Tammi Summers at Monday's event.
The event was held virtually this year with only a handful of people in-person at the event, including speakers and staff helping to produce the event's internet livestream.
Summers, Gateway vice president for the office of Diversity, Equity and Inclusion, spoke live at the event, talking about the college's efforts in these three areas as they related to the theme of the event.

However, taking steps to create a more diverse and equitable and inclusive community will lead to a stronger, more peaceful society for not only all of us, but for future generations."



For more information, and comments by other state and federal officials on Gateway's event: www.gtc.edu/mlk

Dr. King Humanitarians named
Gateway Technical College also honored its Dr. Martin Luther King Jr. Humanitarians at the event, Gregory Bennett Jr. and Seeds of Hope. Humanitarians are recognized for their contributions to society, their school, business or profession, as well as their dedication to volunteerism and philanthropic work.

More on Tammi Summers
Summers was selected last year to lead the college's newly formed Office of Diversity, Equity and Inclusion. She earned her bachelor's and master's degrees from the University of Wisconsin-Whitewater in Special Education. Summers, Ph.D., earned her doctorate degree from the University of Wisconsin-Milwaukee in Urban Education focusing on Adult and Continuing Education.

She told the online audience that there are three things people can do to help promote harmony, change and equity: Identify your talents, find out where you can make a change and get started now – don't wait.
"Every day we wait and don't have these discussions, we are not creating the harmonious community we deserve," said Summers.
Summers also stressed the need for communities and families to engage in discussions of diversity and inclusion and how to create a positive change in society. She said while these can be hard discussions to have with family and friends, they are needed.
Summers referred to a Maya Angelou quote as a reminder of how a community and society can heal: "When you know better, you do better."
"We are certainly at a pivotal point in our college here at Gateway in our communities and in our country to do better," said Summers. "As a family, we have to recognize that the road to success won't necessarily be easy."

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To Your Health

Making a Baby-Step Change Every Two Weeks

Greetings! How are you doing, hope is well? I feel, empathize for those who have been challenged by COVID as I have been.

I want you to know about the unique, special, outstanding health support, assistance that is available for you; your family, friends, colleagues/co-workers and others you know www.maxfulfillment.com/healththebooklet/. It's for fighting and minimizing COVID, grave diseases and doing something about the dreadful, alarming state/condition our health is in. See 1 in www.maxfulfillment.com/healthpurpose/

One of the best, most powerful, effective ways is Biweekly Health Change and making a baby-step change, improvement every two weeks.

Biweekly Health Change and Meeting

- ◆ Do you "know perfectly well" what you need to do, but aren't doing it?
- ◆ Trying to make changes, improvements or breakthroughs but are not successful?
- ◆ Facing challenges, blocks or excuses you are not overcoming?
- ◆ Wanting do something about COVID, grave diseases, state/condition our health is in?

Then the ongoing/continuous, anytime Biweekly Health Change and Meeting below are for you and anyone you know. That you can implement by yourself or with



another---partner, coach; team, community like the HCT Forum; Team/Community (www.maxfulfillment.com/hctforum/).

1 What do you want/need to know, learn; change, strengthen or improve the most in the next 2 weeks by what date and time, such as

Drink more water; exercise more; eat more of a plant-based, natural foods diet; take vitamins, minerals, supplements or more of them? You can utilize, draw upon:

A Questionnaire www.maxfulfillment.com/sundayhealthquestionnaire/;

B HCT Get and Keep Going Menu in www.maxfulfillment.com/healththebooklet/;

C Information, Resource Center www.maxfulfillment.com/healthresource/;

D Other, what would you suggest or add?

2 Using what Change Agent such as SMART goal, action plan or behavior contract to accomplish it. For example, SMART Goal

<https://www.wellsources.com/wp-content/uploads/2017/12/SMART-Goals-Action-Planner.pdf> or Behavior Contract <https://acwebcontent.azureedge.net/health-coachresources/pdfs/BehavioralContract.pdf> (Resources in www.maxfulfillment.com/healthmodel/).

3 Gaining what support, assistance and accountability, such as with a support partner, coach; team, community like the HCT Forum; Team/Community.

4 Then at the 2-week date and time set in 1, meet with yourself, or partner, coach or team to:

A Check what you achieved/accomplished for 1, 2 and 3 in the last 2 weeks, and

B Determine what to know, learn; change, strengthen or improve the next

2 weeks by what date and time using 1-3 again.

5 Do 1-4 on an ongoing, regular, consistent basis. That's how to make lasting, permanent changes, improvements your health needs the most. AND DO SOMETHING ABOUT COVID, GRAVE DISEASES and the dreadful, alarming state/condition our health is in (1 in www.maxfulfillment.com/healthpurpose/)!

So, don't wait, act NOW. You always have the HCT Forum; Team/Community (www.maxfulfillment.com/hctforum/), and help from further info to webinar---Further info, Q&A; discussion, meeting; support, assistance; advising, coaching; presentation, talk; workshop, webinar. Contact Randy.

Thank you and appreciation! for any sharing, posting, passing www.maxfulfillment.com/biweekhealthchangemeet/ along to others, and any input, ideas or suggestions.

Randy Bennett Ed.D.
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Upcoming Programs at the Racine Public Library

Contact: Racine Public Library; 262.636.9217. Programs are at 75 Seventh Street, Racine, WI 53403 unless stated otherwise.

Curbside Pickup is located in the outer lobby off the circle of Library Dr. Place your holds at www.racinelibrary.info or call 262.636.9217. Monday-Thursday 9-8 and Friday & Saturday 11-4.

Mobile Curbside Pickup: Have your holds placed on the bookmobile. Pick up from a location near you. Visit www.racinelibrary.info for Bookmobile schedule.

Call Center: Call or text, 262.636.9217, RPL your reference questions we are standing by to help! Email racine_reference@racinelibrary.info Staff is available Monday-Thursday 9-8, Friday 9-4 and Saturday 11-4

Need a library card? You can now sign up for a digital library card at www.racinelibrary.info. A physical card will be mailed to you.

Internet Services: By appointment use the internet, print, ask questions, and scan! Sessions are thirty minutes (no extensions will be made). A library card is required. Monday-Friday 10:00-2:00, side door off Lake Ave. there is a metal sign out front saying "Curbside Internet." Call 262.636.9217 to make an appointment, all COVID-19 protocols are being followed.

Kids/Teens Programs:

Monday Doodles: Visit RPL's FB/IG/Newsletter for doodle ideas. Share your draw-

ings with RPL!

Weekly Brain Teaser: Like Riddles? RPL shares one every Monday, visit RPL's FB/IG. If you have the answer email carrie.richmond@racinelibrary.info

Tuesday Tales: 10:00am | Tuesdays | Facebook Live. Join Miss Carrie and Miss Ali on Facebook live, they are sharing stories and songs.

Family Storytime: 10:00 | Wednesdays | FB/IG/YouTube. Join Miss Gail for weekly stories.

Musical Family Storytime: 10:00 | Thursdays | FB/IG/YouTube Miss Carrie has fun songs and stories to share with you.

First Chapter Fridays: 1:00 | Fridays | FB/IG/YouTube. Let our Youth Services librarians whet your appetites for some amazing books. We'll share the first chapters of some of our favorites, from early chapter books through Young Adult. Each week will feature a new story, so don't miss out!

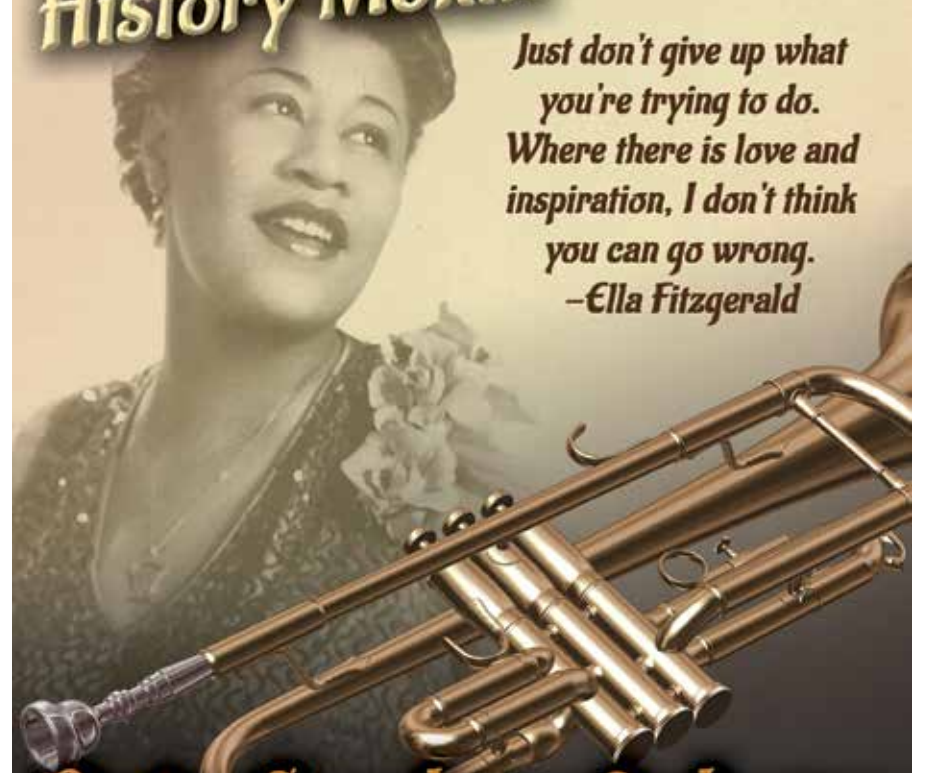
All Ages Programs

Read Woke Reading Challenge (Online via Beanstack): October 1st-March 31st. Discover diverse books for children, teens and adults. Use the Beanstack tracker app or visit racinelibrary.beanstack.org to participate in this online challenge.

Create a 3D Printed Rose: 6:00 | February 4th | Zoom. Design, create, and print your own 3D printed rose. Register at www.racinelibrary.info

Saluting Black History Month

Just don't give up what you're trying to do. Where there is love and inspiration, I don't think you can go wrong.
-Ella Fitzgerald



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February	9-11
March	9-11
April	13-15
May	11-13
June	8-10
July	13-15
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September	14-16
October	12-14
November	9-11
December	7-9

\$50 per person cost to attend

Register by calling Housing Resources, Inc. at (262) 636-8271 or visiting www.hri-wi.org



Building A
Greater Racine
Starts With You
Join Us!



African American Chamber of Commerce Greater Racine

Salute to Black History Month

The African American Chamber of Commerce Greater Racine will spur economic development and opportunities for African American and other minority businesses in an effort to increase the economic vitality of Racine's business community.

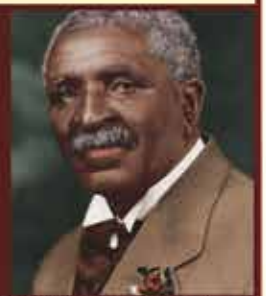
Goals

- Create partnership to increase networks with women and minority owned businesses.
- Influence public policy through education reform and job creation
- Impact capacity building strategies
- Increase the number of African American and minority business in Greater Racine
- Develop a future pipeline of young entrepreneurs

Reasons to Join AACCGR

- Professional Development
- Support & Resources
- Marketing
- Partnerships & Networking
- Advocacy
- Online Minority Business Directory

"Education is
the key to
unlock the
golden door
of freedom."



—George Washington Carver


Community Outreach Committee

- Quarterly After Hours Networking Events

Business Development & Education Committee

- Advance your business and acquire new skills with online webinars and workshops.
- Youth Entrepreneur Program

Post Office Box 085643, Racine, Wi. 53408 | aaccgr@dls.net | 262-456-7427



New Life Christian Fellowship

Our Order of Service – Sunday

Prayer – 8:30 a.m.


Sunday School – 9:00 a.m.

Worship Celebration – 10:30 a.m.

Thursday

Prayer and Bible Study – 6:00 p.m.

Dr. Roy L. Carter – Pastor/Teacher
 New Life Christian Fellowship
 1529 N. Wisconsin St.
 Racine, WI 53402
 262-417-7363
 www.nlracine.com



Racine County COVID-19 Update



Confirmed coronavirus cases

- Central Racine County Health Department: 10,269 confirmed (+177 from last week), 1,558 probable (+39), 60,999 negative (+593), 192 deaths (+10)
- City of Racine Health Department: 7,846 confirmed (+203 from last week), 978 probable (+56), 43,645 negative (+532), 97 deaths (+3)
- Racine County total: 18,115 confirmed (+380 from last week), 2,536 probable (+95), 104,644 negative (+1,125), 289 deaths (+13)

Updates for the week of January 25:

- The Central Racine County Health Department released a COVID-19 vaccination update on Thursday following the DHS announcement that residents age 65 and older will be eligible for the vaccine. See <https://www.racinecounty.com/Home/Components/News/News/1798/16>
- For people ages 65 and older who have a local healthcare provider, your local healthcare provider will be reaching out to you to schedule an appointment, based on vaccine availability and your eligibility. You can also visit your provider’s website for more instructions.
 - o Ascension - <https://healthcare.ascension.org/COVID-19/vaccinations>
 - o Advocate Aurora Health - https://www.advocateaurorahealth.org/coronavirus-disease-2019/?_ga=2.222118424.1822539216.1611186974-129974386.1578605040
 - o Froedtert - <https://www.froedtert.com/covid-19-vaccine-updates>
- For vaccination updates, including known vaccination clinics, visit <https://crchd.com/covid-19-vaccine> and click on the “Vaccines Updates Email Sign Up” button to complete a request for information. Once your information is received, you will be added to an email distribution list for vaccine updates and information. Completing this form does not guarantee you will be vaccinated by the health department due to vaccine availability.
- You can also find vaccine updates from the City of Racine Public Health Department here: <https://www.racinecoronavirus.org/racine-covid-19-vaccine/>

Resources

For Racine County updates on the COVID-19 outbreak, please visit www.racinecounty.com/coronavirus. The City of Racine coronavirus webpage can be found at www.racinecoronavirus.org. The Central Racine County Health Department’s COVID-19 page is www.crchd.com/covid-19. For national information on COVID-19, please go to the Centers for Disease Control’s website: www.cdc.gov/coronavirus. You can also find current information on the Wisconsin Department of Health Services website, which has guidance that is updated regularly for travel, self-quarantine, and school districts, among other important information: <https://www.dhs.wisconsin.gov/disease/covid-19.htm>.



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“Finding a Way Home: Mildred and Richard Loving and the Fight for Marriage Equality”

by Larry Dane Brimner

© 2020, Calkins Creek, \$18.99, 109 pages

You can never go home. Imagine it: the people you love, your room, your pets, you couldn't see them again. No more hanging with your friends, no more grabbing a soda at your favorite store. How would you feel if you were told that you have to stay away now, all because – as in the new book “Finding a Way Home” by Larry Dane Brimner – you fell in love with someone whose skin didn't match yours?

Richard Loving never set out to find a wife but, growing up in Central Point, Virginia, he knew a lot of girls, including Mildred Jeter, the sister of his race-car buddies. After awhile of seeing one another, Richard and Mildred realized they were in love so they got married; though it was 1958 and it mattered elsewhere in America, it didn't matter in Central Point that Richard was white and Mildred was Black.

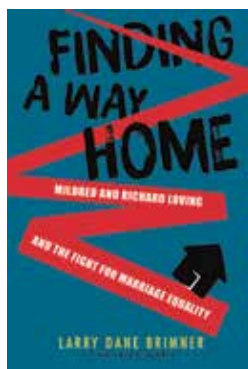
It was a big deal, however, to the local sheriff, who busted into the Lovings' home in the middle of the night about a month later and arrested the pair, saying that what they were doing (sleeping in the same bed) was illegal. They were told that their marriage license was “no good,” because, at the time, Virginia and twenty-three other states upheld laws that made interracial marriage against the law.

Eventually, the Lovings were released and told to leave the area or be arrested again.

They packed up and moved to Washington, D.C., but they missed their families. Once in awhile, they sneaked back and visited but it just wasn't the same and Mildred didn't want to raise their kids in the city. Urged by family, she wrote to then-Attorney General Bobby Kennedy and asked for help; he pointed her toward the ACLU where, six years after the wedding, a young, fresh attorney “found the circumstances of their case irresistible.”

Tree years later, they got their final ruling... Their win at the Supreme Court isn't the end of the story, however. Author Larry Dane Brimner says that the ruling for Richard and Mildred Loving set into slow-motion the upholding of rights of same-sex couples to marry, the details of which are inside “Finding a Way Home.”

Brimner tells a story that's like gentle steel – the former, because he says the Lovings were that kind of people; the latter, because of their resolve. While that's an almost-incomprehensible, absolute must-read supported by rarely-seen photos, recreations of documents, and direct quotes, sadly, the story is tightly chained to dizzying accounts of the various trials involved in their ultimate Supreme Court win, details that almost demand a law degree to follow completely. In the end, partly because of the trials, there's good-news-bad-news-good-news in this book meant for readers ages 12-and-up, although they might need your help to understand bits of it. Even so, “Finding a Way Home” is a story they shouldn't go without.



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dhs.wisconsin.gov/COVID19



When you take steps to stop the spread of COVID-19, you help keep family, friends, and neighbors healthy, too. Learning how to protect the people in your life can help protect everyone in Wisconsin.

-  **Wear a mask in public**
-  **Keep 6 feet apart**
-  **Stay home if you can**
-  **Wash your hands**
-  **Symptoms? Get tested**

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We Salute Black History Month

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COVID-19 Vaccinations to Front-Line Health Personnel Continue

The Central Racine County Health Department (CRCHD) this week is assisting in COVID-19 vaccinations of health care personnel, including local EMS and other unaffiliated health care personnel.

As defined by a state advisory group, individuals who provide direct patient service or engage in health care services that place them in contact with patients who may have COVID-19 are part of Phase 1A, and they are currently eligible for vaccine. Long-term care facility residents are also in this phase. On Tuesday, law enforcement were added to the list of those currently eligible for vaccination next week.

Local public health is asking organizations with health care personnel not affiliated with a health care system, hospital, or long-term care facility, to fill out an online survey, which can be found here: <https://www.surveymonkey.com/r/RacineCtyPhase1a>.

“With the help of many community partners, we continue to take steps forward in the battle against COVID-19. As we move through Phase 1A, we want to reach

as many health care workers as possible to ensure our front-line personnel have access to the vaccine,” said Margaret Gesner, Health Officer for the Central Racine County Health Department. “As soon as we receive information from the state regarding Phase 1B, we will let the public know next steps.”

Gesner cautioned that COVID-19 vaccine may not yet readily available to the general public for several months. It’s important for the public to continue to follow public health guidelines – including maintaining distance, wearing a face covering, and staying home when sick – to slow the transmission of COVID-19.

“Those working on the front lines of this public health emergency are truly heroes, so I am pleased to see our local EMS and other health care personnel receiving the COVID-19 vaccine,” Racine County Executive Jonathan Delagrave said. “As we work together to ramp up vaccine distribution, we must remain patient and continue to follow public health guidelines to protect our communities.”

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THE PRAYER CLOSET FEBRUARY 2021

The New Year is always full of great expectations. It is an opportunity to begin fresh. It is a chance to learn from last year’s mistakes, failures, and incomplete projects. The beginning of each year is filled with hopes of improvements and success of various kinds.

Mankind is lifeless without purpose. Life is purpose driven. Everything in life has a purpose (Ecclesiastes 3:1) and every purpose has an appointed time (Ecclesiastes 3:17). Purpose serves as a principle around which we are to organize our lives. You are what your deep driving desire is; as your deep driving desire is, so is your will; as your will is so is your deed; as your deed is so is your destiny. Without purpose there is no production. God created you with a definite purpose. All things begin and end with purpose.

In determining your vision, plans, or dreams for this year; please first consider what God’s plan is for you. Jeremiah 10:23 says, “Lord, I know that the way of man is not in himself: it is not in man that walketh to direct his steps. Proverbs 20:24 states, “Man’s goings are of the Lord; how can a man then understand his own way?” How can we then know what our plans should be for the coming year? First acknowledge God by asking His approval on the plans that you believe He is directing you to do. (Proverbs 3:6) Secondly, commit and entrust the work that you are pursuing to His care and he will make it successful. (Proverbs 16:3) Thirdly, after you have completed the first two, write down your plan or vision. (Habakkuk 2:2) Make sure that the purpose that you choose will bring God glory. (1 Corinthians 10:31) These four things will help to establish your purpose for the coming New Year.

Your preparation for your purpose is next. Preparation is the mental process, of the order of activity needed, in advance of some action or plan. (Luke 14:28) Every action is preceded by preparation. The quality of your preparation is what eventually determines the level of your manifestation. Preparation is the personal responsibility of each visionary and dreamer. The length of time given to preparation is usually directly proportional to the length of success. Gather all the knowledge, advice, resources and materials needed to complete your task. It is better to have too much than to have too little.

Finally, you must have activation. Activation requires activity. You must put your plan into action with hard work. May the Lord bless your every effort as you seek to bring Him Glory and Honor.

Apostle Charles C Jones D.D.
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Prepping Beauties

Continued from page 10

and that it will change the whole stigma of healthy eating in someone's mind. That's what drives her.

As we got further into the conversation, I mentioned my own experiences with eating different foods and returning to those may be not so good foods and said that it didn't sit right in my stomach once I hadn't had it in some time. Miketra explained that you're going to have days when you revert to your old ways of eating. But when you develop the good habits that your body appreciates, that's when you go back to the bad habits, you will not like how you feel and that's, what's going to make you get back on the right track and say, "You know what? I was doing this well for this long and I felt this good. Let me get back to it. That's how it was for me." She tells everyone, this is not a straight path. This is not a perfect path. You're going to have days when you fall. It is ok.

The food Miketra produces is fulfilling, it's satiating, and it's delicious. This is the good stuff you need in your body. She uses all organic products from the oils to the seasonings, coconut oils, olive oils, grass fed meat, etc. So, everything that she is trying to do is to let people know this is an option for you. This healthier way of eating and living is an option. And it may take some sacrifice for you to pull away from the old ways or your old habits. But if you try this, it's worth it. With all this being said, Miketra has social media platforms now,



YouTube, Instagram, and Facebook. She wants to try and become more interactive with people.

With being so involved with helping people become healthier themselves, Miketra loves to spend quality time with the people she loves in her free time. God is number one. She likes to spend time with Him, her children, her man, and her family. Miketra is always trying to be a light, always trying to encourage. So that's, that's what I enjoy.

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Scholarship Opportunities

NCCWSL

The National Conference for College Women Student Leaders (NCCWSL) unites college women from across the country to address important leadership issues of the day. Attendees have transformative experiences that inspire them to improve their campuses and their communities. NCCWSL will be held virtually, safe but still engaging!

Date: May 25 & 26, 2021. NCCWSL (Pronounced "Nick-Whistle") is held once a year.

For more information, go to [NCCWSL.org](https://nccwsl.org). AAUW-Wisconsin is offering 12 scholarships to attend. Each scholarship of \$125 will cover registration. Visit <https://racine-wi.aauw.net/>.

Deadline to apply is March 1, 2021.

American Association of University Women

Just a reminder that applications for Racine County women who are in their junior or senior year at a four year institution or their second year of a two year associate degree program are due on February 15. Students may access this application at <https://racine-wi.aauw.net/>

Our State AAUW (American Association of University Women) is also offering scholarships to the National Conference for College Women Student Leaders (NCCWSL), which will be held virtually this year on May 25-26. These applications are also due on February 15.

Dennis Barry Strive Scholarship

The Racine Founder's Rotary Club is offering five \$2,000 one-year college scholarships to students graduating from Racine high schools. The club's scholarship committee will award scholarships to students who score the highest in the categories below:

- Active involvement in school and community activities
- Quality and the message of their essay – "Service Above Self" (limit to one page)
- Significant academic improvement through their 4 years in high school
- Have overcome adversity in their life
- One letter of recommendation from a counselor
- One letter of recommendation from a community leader

This scholarship is designed to be unique among scholarships. The Dennis Barry Strive Scholarship is intended for students who began their high school career with grades that did not reflect their potential but by their senior year have shown significant improvement in their academic ability. Applicants should also be able to demonstrate their active involvement in school and community activities.

High school students who are interested in applying for the scholarship may contact their high school counselor for an application or apply online at racinerotary.org. For additional information, contact Ashley Staeck (ashley.staeck@gmail.com). Applications must be completed and submitted no later than March 31, 2021 to be considered. More information can be found at racinerotary.org.

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Sisters Network® Inc. Launches New Affiliate Chapter in Wisconsin

HOUSTON, TEXAS – January 18, 2021 – Sisters Network® Inc. (SNI), the largest and only national African American breast cancer survivor-run organization is pleased to welcome Sisters Network Southeast Wisconsin affiliate chapter. The new affiliate chapter will be located in Kenosha, Wisconsin to help educate, empower and support black women living in southeast Wisconsin. For over 27 years, Sisters Network has continued to expand its national voice as the leader in the black breast cancer movement while also providing support to black breast cancer survivors in local communities across the nation through its extensive network of affiliate chapters.

Breast cancer is the most common cancer among African American women. According to the American Cancer Society, Black women have the highest breast cancer death rate of any racial/ethnic group, 40% more likely to die than Caucasian women.

“Sisters Network is continuing to expand our organization’s black breast cancer footprint and amplify our voice on a local, regional and national basis. The national office is excited to welcome our new Southeast Wisconsin affiliate chapter. We are fortunate to have a dynamic and motivated group of breast cancer survivors who will lead the chapter to make a direct impact and take action in addressing the black breast health crisis in the southeast Wisconsin area,” said Karen E. Jackson, Founder/CEO, Sisters Network® Inc.

Sisters Network® Inc. Southeast Wisconsin affiliate chapter Executive Team leadership includes Keeshia Jones, President, Karen Robinson, Vice President, Adelene Greene, Treasurer, Stella Jones, Secretary and Lynell Cunningham, Chaplain. To join the chapter or for more information about membership, virtual support meetings and programs, please email sewisconsin@sistersnetworkinc.org or call 262.488.7465 (PINK).

“Sisters Network Inc. Southeast Wisconsin affiliate chapter is dedicated in the fight to increase breast cancer awareness within the state of Wisconsin. We are committed to providing education, advocacy and support to empower African American women in Kenosha, Racine and Milwaukee counties. We are excited to join a powerful sisterhood of women who are compassionate towards this cause” said Keeshia Jones, President, Sisters Network Southeast Wisconsin affiliate chapter.

“What makes Sisters Network unique is our organization has boots on the ground through our survivor-run affiliate chapters in major metropolitan cities across the United States. Under the leadership and in partnership with Sisters Network National office, our affiliate chapters and their members are providing direct support to black women in local communities, and innovative outreach programs to encourage Black women to take action in their breast health journey,” added Jackson.

To learn more about Sisters Network, please call (866) 781-1808 or visit www.sistersnetworkinc.org or follow us on Instagram, Twitter, Facebook. Interested in starting a Sisters Network affiliate chapter? Please visit www.sistersnetworkinc.org/affiliatechapters.

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Honoring Black History Month: Johnnie Lacy



During the month of February, the nation honors the long history of Black Americans and their many contributions to society. The first celebration began in 1926 and it has grown steadily over the years into what we now know as Black History Month.

Reflecting on the past, Society's Assets highlights the Black heroes whose vision, commitment, and activism helped advance progress for people with disabilities. One such hero is Johnnie Lacy.

Johnnie Lacy (1937-2010) was a leader in the independent living movement and fought for the rights of people with disabilities, especially people of color. At the age of 19, she was diagnosed with polio and placed in an iron lung for weeks. The disease left her paralyzed and using a wheelchair.

After rehab, Lacy went back to college and completed her degree. She helped found the Center for Independent Living at the University of California, Berkeley. Lacy moved on to become the Director of Community Resources for Independent Living, a nonprofit in Hayward, California from 1981 to 1994. She engaged the community in groundbreaking and essential conversations about identity and the challenges that came with being a Black woman with a disability.

Society's Assets staff provide resources for people with disabilities. Services include advocacy, supportive home care, home and vehicle modifications, assistive technology (partially supported by WisTech, Wisconsin's State Assistive Technology Program), technical assistance regarding the Americans with Disabilities Act, independent living skills training, peer support, benefits counseling, and transitions to life after high school or returning home from the nursing home.

More information is available. Website www.societysassets.org. Phone 1-800-378-9128. Email info@societysassets.org.



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Book Review

“Kamala’s Way: An American Life” by Dan Morain

© 2021, Simon & Schuster, \$28.00, 259 pages
One step at a time.

That’s how you get anywhere: methodical, with purpose, one foot in front of the other until you get where you’re going. You never waver. You never take shortcuts, side roads, or easy-outs, and as in “Kamala’s Way” by Dan Morain, you keep your eyes on the goal every minute of the journey.

At this point in time, Kamala Harris almost needs no introduction.

Much of what you need to know is summed up in this: says Morain, she “misses little and forgets even less.” Still, a lot of things about her life were left out of her biography, “The Truths We Hold,” or ignored by most articles written about her.



Photo credit: Hector Amezcua

Much has been said about Harris’ mother but little has been said about her father, for example. Harris herself has said that they were “not close,” and Morain offers reasons why, as well as some background on Harris’ paternal side.

Outside of California, Harris’ rise to political fame might be perceived as meteoric, but the truth is that it took more than thirty years of focus. While studying at Howard University, Harris worked as an intern in Senator Alan Cranston’s office; after passing the California bar exam, she became Deputy District Attorney at the Alameda County District Attorney’s office and she got a peek at politics; she worked in “the hothouse of San Francisco criminal justice politics,” was later elected to the office once held by Cranston in the Senate, and is now in the second-highest position in America. Along the way, as one can expect from a no-nonsense woman, there were controversies.

Morain shares little-discussed details of Harris’ relationship with bigger-than-life Willie Brown, former mayor of San Francisco. He writes deeply of Harris’ vow not to call for the death penalty on any California inmate. He explains the strange tie between Harris and Kimberly Guilfoyle. And he writes of Harris, who gets things done and doesn’t “care that she had ruffled [someone’s] feelings.”

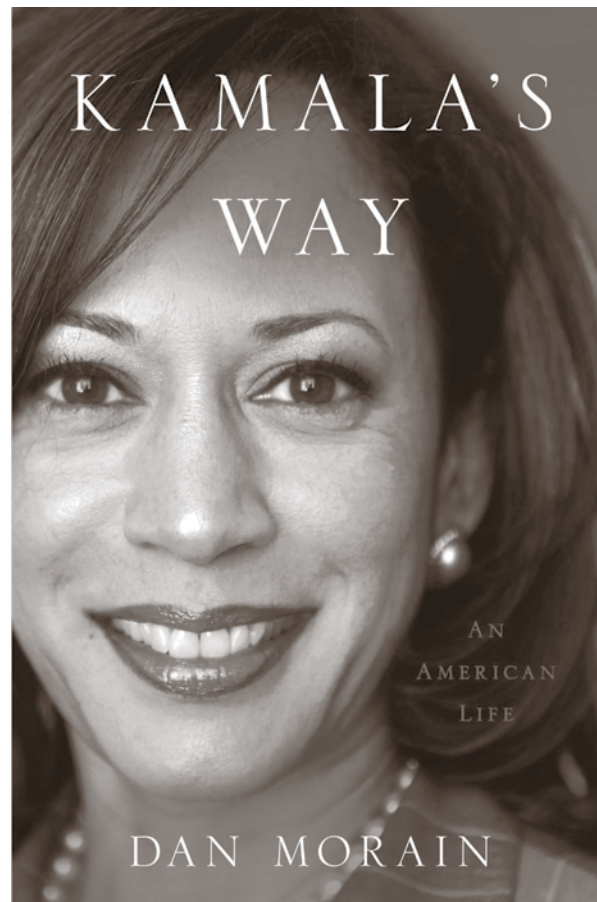
The first time you see “Kamala’s Way,” hold it in your hands, and think a minute. Did you read her biography “The Truths We

Hold”? If so, then you’ve already read about thirty percent of this book; indeed, author Dan Morain liberally uses quotes from the bio. Is the other seventy percent – the parts you haven’t read – worth reading?

Probably, yes, if you’re excited beyond measure to have Kamala Harris as Vice President, because Morain gives details on Harris’ life that will be new to a good number of readers, especially political outsiders and non-Californians. These are the things Harris herself has avoided discussing, but Morain hasn’t.

They’re not all hot-button, though; in fact, Morain shares stories of Harris when the cameras are gone, and he does it in a way that’s not sensational or tabloid-ish. Instead, it’s thorough, honest, and a quick-to-read education about our new Second in Command, so if you think you don’t know much about her, add it to your Must-Read pile.

Having “Kamala’s Way” is a great next step.



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